



Heike Zappe CC BY-SA 3.0

INSTITUTE OF SPORT SCIENCES

Humboldt-Universität zu Berlin

About

The Institute of Sport Science was founded in 1920 as one of the first institutes for sports in Germany. Since 2009 we are located at the "Campus Nord", directly in the city centre. The renovated area in conjunction with the 2011 opened Sport Research Hall is meeting modern demands effectively. True to the Humboldtian ideal of "Teaching and Research", the Institute of Sport Sciences is proud to fulfil both of them, indicating a transfer of scientific insights into teaching.



Ralf Dietrich CC BY-SA 3.0

The Institute of Sport Science

Departments

There are six departments. Each of them focusses on different aspects regarding the relationships between sport and society, physical activity, health and performance.

Sports didactics and teaching research deal with physical education and theory of teaching and learning.

Sports Education mediates between sport and education from basic-theoretical to application-oriented pedagogy.

Sports Medicine is engaged in Fundamentals of Anatomy, Physiology and Biochemistry in the Context of Sport; Interconnected with the on-site Sports Medical Ambulance.

Sports psychology refers to psychological processes in sports, both performance- and health- related.

Sports sociology addresses the relations between individual action and social structures in sports.

Training and movement sciences deal with the interaction of the central and peripheral nervous systems and their development and adaptation over the lifespan and changing environmental demands.

Having different departments stimulates Multidisciplinary and allows viewing sports from different scientific positions. Furthermore, students can choose to study Sport Sciences solitarily or in combination with another subject. Teachers Training is also possible.

Curriculum: System of Modules

The Humboldt-Universität zu Berlin pursues a modular system in their teaching. That means that Bachelor and Master Students have to pass courses which will be summed up into a (graded) module. Modules can be introducing or advanced. Theoretical courses will consist of a lecture, seminar and an exercise for applying theory. Furthermore, practical courses will offer a broad field of traditional or modern sports to engage in, for example Athletics, Gymnastics, Soccer but also trend sports like SUP or Beach Volleyball. The location of practical courses is aligned with the demands of the sport.



Wiebke Peitz CC BY-SA 3.0

Indoor view of the Sport Research Hall.

Last but not least, it must be said that Berlin's possibilities and beauty cannot be matched by any other city in the world! So come, and apply for an Erasmus+ term at the Institute of Sport Sciences of the Humboldt Universität zu Berlin! We will be happy to welcome YOU...

Erasmus Information

APPLICATION PROCESS

<https://huberlin.moveon4.de/form/5abc0a2383fb96306eb4a3d8/eng>

APPLICATION PERIOD

Winter semester 1 Apr – 31 May

Summer semester 1 Oct – 30 Nov

ACCADEMIC INFORMATION

WINTER-/ SUMMER SEMESTER

1 Oct – 31 March / 1 Apr – 30 Sep

For detailed Information, please check the attached HU Fact Sheet!

Links

INTERNATIONAL OFFICE

<https://www.international.hu-berlin.de>

GUIDE FOR INTERNATIONALS

<https://www.international.hu-berlin.de/en/studierende/aus-dem-ausland/wegweiser>

INSTITUTE OF SPORT SCIENCES

<https://www.spowi.hu-berlin.de>

CURRICULUM

<https://agnes.hu-berlin.de/>

ERASMUS+ COORDINATOR

Dr. Sebastian Bohm

erasmus.sportwissenschaft@hu-berlin.de



Erasmus+